

"At Ease" from No Horsing Around, LLC

A blend of 6 Flower Essences created using the *Spirit-in-Nature Essence* line. I developed this blend to enhance my fostering and rehabilitation work with rescued puppy mill breeder dogs who often have emotional/behavioral issues. I also utilize the blend when I trim horses, especially with those who are fearful due to bad experiences in the past. So far I have seen some miraculous results with this Flower Essence blend in several species including **DOGS, HORSES, CATS** and **PEOPLE** too!!

Let **"At Ease"** help your animal friends with issues like:

- Separation anxiety or stress
- Shyness or insecurity
- Jealousy of other animals or people
- Loss of a companion
- Fear of any kind (thunderstorms, loud noises, etc)
- Past abuse
- Disruption of the household of any sort, and MORE!

About the Essences in "At Ease"...

Grape - Quality: Love, Devotion

Pattern of Disharmony: Negative emotions such as jealousy; for issues of abandonment, including separation, divorce or death; neediness; cruelty; loneliness; feeling disconnected; feeling alienated; for a non-committal nature; vulnerability.

Restores: Realization of the inner source of love; purity; living without condition, demand, or expectation.

Lettuce - Quality: Calmness

Pattern of Disharmony: Restlessness; too many thoughts at once; inability to concentrate; excitability; troubled emotions; agitation; propensity toward anger; nervousness; inability to make decisions; repression; emotional congestion; repeats self in conversation.

Restores: Inner quietude; inner strength in confrontation of difficulties; clear communication skills; unblocked creative expression; success in undertakings; decisiveness; concentration.

Orange - Quality: Joy, Enthusiasm, Hope

Pattern of Disharmony: Mild to severe depression; hopelessness; despair; for past or present abuse issues—physical or emotional; apathy.

Restores: Energy; banishing melancholy; resolution of conflict; lightness; renewed interest in life; for the power to endure difficulties.

Pear - Quality: Peacefulness, Emergency Essence

Pattern of Disharmony: Feeling thrown off balance during accidents, illness or surgery; physical and/or emotional crisis; environmental disturbances, minor to monumental; for shock, or thought or fear of it; extreme grief; for any troubling experience.

Restores: Peace of mind; returns a sense of rhythm and proportion; for being fully in the present moment; ability to handle crisis; for stability during major changes.

Pineapple - Quality: Self-assurance

Pattern of Disharmony: Inferiority complex; unhappy with current situation; an overbearing nature; a pushy personality.

Restores: Content with self; confidence; empowerment; strong sense of identity; wisdom; the ability to draw abundance.

Tomato - Quality: Mental strength, Courage, Endurance

Pattern of Disharmony: Fear; weakness; nightmares; withdrawal; shyness; defensiveness; addictions; minor hesitation to sever terror; defeatist attitude; instability.

Restores: Knowing there is no failure, only another chance to succeed.



"Making Life Better for
Animals and Their People"

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www.NoHorsingAroundLLC.com